

## Day of Service — Help the Helper Gift Baskets

Our nonprofit partners have been working overtime for their clients during this season of crisis. Those who are recovering from homelessness, trafficking, or have experienced trauma are especially susceptible to anxiety and at risk of relapse when the pressures of the pandemic and economic distress are added to their already complex set of challenges. The helpers caring for them are more important than ever. Thank you for offering some encouragement to bolster their endurance for continued service.

One of our affiliate staff members told us, *“Caring for our caregivers is so valuable. I have personally seen and experienced how much a care package or card of encouragement can positively impact our staff.”* Another teared-up when we said we wanted to provide gifts of appreciation for the staff.

You will receive an email from Tami Axtell, who is our volunteer helping to coordinate this project. She will send you a name and information about the affiliate so that you can personalize a card of appreciation for that person. Prepare the card and a small basket of gifts. After you drop them off, we will distribute the baskets to all of our affiliates.

### Ideas to include in gift baskets:

The following are just suggestions of items you could include. Please don't include anything perishable or that will melt (no chocolate). There are lots of ideas on Pinterest, so get creative to the extent that it's fun for you and your family!

#### Container ideas:

Reusable basket or crate  
Decorated box  
Laundry basket  
Backpack or bag



Take a photo with your cards and tag us on Instagram (@hopeforsd) and we will feature your card!

#### Basket ideas:

Movie night basket with popcorn, candy, apple gift card



Spa basket with face mask, bath bomb, loofah brush, and lotion

Gardening basket with gardening gloves, seed packets, and sunscreen

Game night basket with a board game, a deck of cards, popcorn, candy

Beach basket with towel, sunscreen, magazine, hat

Culinary basket with kitchen tools, gourmet vinegar or seasonings, baking mix, hand towels, special dish soap

Coffee basket with coffee/tea, reusable mug, stir sticks, biscotti

Other ideas: candle, journal, coffee/tea, gum, lip balm, reusable water bottle (fill it with change or candy), note cards, reusable straws, lotion, gift cards for ice cream, lunch, coffee, or books.

### **DROP OFF INSTRUCTIONS**

Your generous and enthusiastic response will enable us to provide **50 staff members** with special encouragement. Your willingness to serve in this way is a great support to organizations stretched to the max right now THANK YOU!

Please label your gift clearly with your staff member's name on the outside of the package so we can easily see it and make sure it gets to the right person! (Even if you want to attach a paper that we can take off, the more obvious you make the name, the better!)

Locations for returning your basket:

Encinitas: The Bell's House 439 Via Montalvo Encinitas CA 92024

July 18, 12-2 pm

Carmel Valley: The Chung's House 5543 Porter Creek Rd San Diego CA 92130

July 18, 12-2 pm

Inland: Liberty Packaging, 13100 Danielson St, Poway, CA 92064

July 18, 12-2 pm

City: Covenant Presbyterian Church, 2930 Howard Ave, San Diego, CA 92104

July 18, 12-2 pm