



Food Drive for Ukrainian Refugees

There are about 70 Ukrainian families living in San Diego, most of them waiting to be able to return to Ukraine. We are working with Love Does on a weekly food distribution alongside Ukrainian-American friends.

If volunteers are interested in helping to deliver food to homes on Wednesday afternoons, we need a driver or two each week.

The items below are most needed and can be delivered to Point Loma or North Park.

Hygiene supplies:

Toothpaste
Paper towels and toilet paper
Hand and dish soap
Laundry detergent
Deodorant
Razors and shaving cream

Non-perishable food:

Pasta and pasta sauce
Canned meat -- tuna, chicken
Canned beans
Canned fruit and vegetables
Rice
Nuts and seeds
Cereal
Juice
Canned soup

For drop-off times and coordination, please contact us here at volunteer@hopeforsd.org.

We'll also accept gift cards to Costco, grocery stores, Wal-Mart, and Target to enable the purchase of items in bulk. At this time, we cannot accept clothing or other items. If you prefer to give online, you can do that at www.hopeforsd.org.